

TABLA O FLAMENCO CORDOBS MENU

SPANISH TASTING BUFFET			VEGETARIAN	VEGAN	HALAL	SOYA	FISH	MUSTARD	SHELLFISH	LACTOSE	EGGS	SEEDS	GLUTEN	WALLENUTS	CRUSTACEAN	NUTS	CELERY	LUPINS	SULFITS
Name of the dish	Location	Type																	
Cordoba-style Marinated Dogfish with Mayonnaise	Cádiz y Baleares	Served at table			X	X	X		X			X	X	X	X			X	X
Patatas Bravas (Spicy Spanish Potatoes)	Madrid	Served at table	X		X			X		X	X	X	X			X	X	X	X
Spanish iberic ham and Catalan charcuterie Platter	Extremadura y Cat.	Tapas																	X
Spanish Tortilla (omelette)					X					X	X		X						
Blue Cheese and Walnut Montadito	Euskadi	Tapas	X		X					X		X	X	X		X			
Sea Crab and Prawn Montadito	Euskadi	Tapas			X	X	X		X	X	X	X	X	X	X	X	X		
Vegan Artichoke and Romesco Montadito	Euskadi	Tapas	X		X	X							X			X			
Oxtail Croquette Montadito	Euskadi	Tapas								X	X		X						
Galician-style Octopus with Smoked Paprika	Galicia	Tapas			X		X		X	X	X				X				
Savory Tuna Empanada	Galicia	Tapas			X		X		X	X	X	X	X	X	X	X		X	X
Spanish Potato Salad (Ensaladilla Rusa)	Andalucia	Tapas	X		X		X		X	X	X				X				X
Chorizo in Cava with Mediterranean Herbs	Cataluña	Tapas						X		X		X	X				X		X
Vegan Antiox Salad with Berries and Seeds	Asturias	Tapas	X		X									X		X			
Antiox Salad with Goat Cheese, Berries and Seeds	Asturias	Tapas	X		X					X				X		X			
Avocado and Tomato Salad with Corn Tortilla Chips	Canarias	Tapas	X	X	X														X
Tuna Stuffed Eggs	Andalucia	Tapas	X		X		X	X	X	X	X				X				X
Mussels with Oil Pearls and Edible Shell	Galicia	Tapas					X		X		X	X	X	X			X		
Turkey Skewers in a Dried Fruit Reduction	Cataluña	skewers										X	X			X			X
Crispy Breaded Chicken	Andalucia	skewers			X			X		X	X	X	X			X			
Salmorejo (Andalusian Tomato Soup) with iberic Ham and	Andalucia	Salmorejo and Gazpacho								X	X		X						
Vegetarian Salmorejo (andalusian tomato soup)	Andalucia	Salmorejo and Gazpacho	X	X	X								X						
Boiled Prawns with salt	Asturias	Hot Buffet-Tasting			X		X		X						X				
Valencian Paella with Seafood and Chicken	Valencia	Hot Buffet-Tasting			X		X		X						X				
Vegetable Paella	Cataluña	Hot Buffet-Tasting	X	X		X													
Mushroom and dried Tomato Cannelloni	Cataluña	Hot Buffet-Tasting	X		X	X			X	X			X	X		X	X		
Baked Macaroni (Barcelonina) with Chicken Sausage	Cataluña	Hot Buffet-Tasting			X				X	X			X						
Basque-style Chicken Casserole	Cataluña	Hot Buffet-Tasting			X				X				X			X			
Meatballs in Mushroom Sauce	Castilla y León	Meats						X		X	X	X	X	X		X	X	X	X
Beef Cheeks in Red Wine	Castilla y León	Meats						X		X	X	X	X	X		X	X	X	X
Pickled Sardines		Fish			X	X	X	X	X	X	X	X	X	X	X	X	X		
Andalusian-style Cod in Tomato with Homemade Alioli		Fish			X	X	X		X	X	X		X		X				X
Salmon with Ratatouille and Basil Mayonnaise	Valencia	Fish			X		X		X	X	X				X				
Almond-crusted Eggplant with Sugar Cane Honey		Fittings	X	X	X	X		X					X						X
Grilled Vegetables with Romesco Sauce		Fittings	X	X	X	X		X								X	X		
Jasmine Basmati Rice with Cardamom and Cinnamon		Fittings	X	X	X					X									
Assorted Cheese Board			X		X					X									
Spanish Churros	Madrid	Desserts	X	X	X	X							X	X		X			
Cream Profiteroles	Cataluña	Desserts			X	X			X	X	X		X						
Yogurt with Apple Compote	Asturias	Desserts	X		X	X			X	X			X	X		X			
Traditional Crema Catalana with Carquinyoli Biscuits	Cataluña	Desserts	X		X	X			X	X			X	X		X			
Homemade Chocolate Truffles		Desserts	X		X				X	X				X		X			
Seasonal Fruit Platter		Desserts	X	X	X														
Orange Cake		Desserts	X		X	X			X	X	X		X	X		X			
Meringue and Passion Fruit Tart		Desserts	X		X	X			X	X	X		X	X		X			
Homemade Chocolate Brownie		Desserts	X		X	X			X	X	X		X	X		X			
Cheesecake with Mixed Berry Coulis		Desserts			X	X			X	X	X		X	X		X			
Spanish Rice Pudding		Desserts	X		X	X			X	X	X		X	X		X			
Authentic Spanish Horchata (Chufa Drink)		Desserts	X	X	X	X					X		X	X		X	X		

This chart reflects the intolerances for each dish. If you have a food allergy, please inform our staff as far in advance as possible so we can take it into account and prepare a special menu for you.

RESTAURANT MENU			VEGETARIAN	VEGAN	HALAL	SOYA	FISH	MUSTARD	SHELLFISH	LACTOSE	EGGS	SEEDS	GLUTEN	WALLNUTS	CRUSTACEAN	NUTS	CELERY	LUPINS	SULFITS
Galician-style Octopus with Smoked Paprika	Galicia	Salads			X		X		X	X	X				X				
Sea Crab and Prawn Montadito	Euskadi	Pintxos			X	X	X		X	X	X	X	X	X	X	X	X		
Cordoba-style Marinated Dogfish with Mayonnaise	Cádiz y Baleares	Served by waiters			X	X	X		X			X	X	X	X			X	X
Patatas Bravas (Spicy Spanish Potatoes)	Madrid	Served by waiters	X		X			X		X	X	X	X			X	X	X	X
Oxtail Croquette with Iberian Ham	catalunya	Hot Buffet-Tasting								X	X		X						
Manchego Cheese "Pot"	la mancha	appetizers	X		X					X		X							
Gildas (Anchovy/Cheese with Iberian Ham, Spicy Pepper, and	euskadi	appetizers			X		X		X	X		X			X			X	X
Vegetarian Salmorejo (andalusian tomato soup)	Andalucia	Salmorejo and Gazpacho	X	X	X								X						
Salmorejo (Andalusian Tomato Soup) with iberic Ham and	Andalucia	Salmorejo and Gazpacho								X	X		X						
Olive and Pickles Cocktail Mix	Andalucia	Salads or Small Starters	X	X	X												X	X	X
Beef Cheek in Red Wine	Castilla y León	Meats						X		X	X	X	X	X		X	X	X	X
Andalusian-style Cod in Tomato with Homemade Alioli		Fish			X	X	X		X	X	X		X		X				X
Valencian Seafood Paella	Valencia	Hot Buffet-Tasting			X		X		X						X				
Traditional Crema Catalana with Carquinyoli Biscuits	Cataluña	Desserts	X		X	X				X	X		X	X		X			
Authentic Spanish Horchata (Chufa Drink)		Desserts		X	X	X					X		X	X		X	X		
Homemade Chocolate Truffles		Desserts	X		X					X	X			X		X			

TABLAO FLAMENCO CORDOBS MENU

FLAMENCO TAPAS			VEGETARIAN	VEGAN	HALAL	SOYA	FISH	MUSTARD	SHELLFISH	LACTOSE	EGGS	SEEDS	GLUTEN	WALLNUTS	CRUSTACEAN	NUTS	CELERY	LUPINS	SULFITS
Assorted Manchego Cheese Platter	la mancha	appetizers	X		X					X		X							
Gildas (Anchovy/Cheese with Iberian Ham, Spicy Pepper, and	euskadi	appetizers			X		X		X	X		X			X			X	X
Olive and Pickles Cocktail Mix	Andalucia	Salads or Small Starters	X	X	X												X	X	X
Assorted Iberian Ham and Cured Meats	Extremadura y Cat.	Iberian Ham																	X
Oxtail Croquette with Iberian Ham	catalunya	Hot Buffet-Tasting								X	X		X						
Assorted Spanish Breadsticks and "Regañás"	la mancha	appetizers	X		X					X		X							